**UKCC Tennis Level 1 Coach**

**ABOUT THE COURSE**

The course is the starting point for people who want to get involved in tennis. It is aimed at

people who are enthusiastic about tennis, want to help their coach deliver Aegon Mini Tennis

and meet the entry requirements below.

It is endorsed by UKCC and successful candidates will receive a Level 1 Certificate in Coaching

Tennis awarded by 1st4sport.

**COURSE AIMS**

To train candidates how to assist an LTA licensed coach with groups of Mini Tennis players.

**LEARNING OUTCOMES**

On successful completion of the Level 1 candidates should be able to:

* Motivate and inspire people to play tennis
* Use effective verbal and non verbal communication skills
* Organise tennis activity constructively and safely
* Plan and deliver a structured lesson using LTA Level 1 coach resources
* Have basic knowledge of tactics, techniques and rules of tennis
* Have a full understanding of the structure of Mini Tennis

**COURSE STRUCTURE**

* The course consists of three days (two days, followed by a three to six week break for

coaching experience, then a one day final assessment)

* During the three to six week break candidates will need to complete their portfolio of

evidence and complete a minimum or three hours coaching with a licensed coach

mentor at an LTA Clubmark-accredited club

* Candidates are required to have their coaching experience organised before the course

starts. For help with this please contact the LTA County Office for a list of local LTA

Clubmark-accredited clubs.

DAY THREE

Advanced organisation

Differentiation

On Court assessment

Portfolio assessment

DAY TWO

Organisation

Communication

Initial Assessment

Tutorial

Action plan

DAY ONE

Introduction to Level 1

Aegon Mini Tennis

Lesson Structure

Basic Tactics

Basic Technique

Feeding

Demonstrations

**COURSE ASSESSMENT**

The course is assessed in two areas:

1. On court practical coaching assessment using course materials

2. Portfolio of evidence

Candidates must attend all the sessions on the course and pass all elements of assessment to be successful.

**COURSE PRE-REQUISITES**

* Candidates must be at least 16 years of age on the first day of the course
* Candidates must have an active interest and involvement in tennis
* Candidates must submit one of the following pieces of documentation with their application:
  + a satisfactory Criminal Records Bureau Enhanced Disclosure obtained through the LTA (see below) before applying for the course or a CRB enrolment number which has been sent to you by the LTA on receipt of your CRB application,

OR

* + a copy of the Deployment without CRB letter which can be downloaded from the inspire2coach website, and which must be signed by a member of the committee at your club

**CRIMINAL RECORDS BUREAU (CRB) ENHANCED DISCLOSURE**

CRB application forms can be obtained by emailing name and address to crb@LTA.org.uk. Since processing the CRB Enhanced Disclosure can take up to 8 weeks, we advises that CRB

applications are done well in advance of the start of the course. Please note that the Disclosure

must be processed through the LTA, and be less than 12 months old at the start of the course.

**‘DEPLOYMENT WITHOUT CRB’ LETTER**

Can be found at the end of this document

**FAO Club Committee, Manager or Head Coach**

**UKCC Level 1 Experience – CRB and safe deployment**

Candidate name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Many thanks for supporting the above person to complete the practice hours required to obtain the

UKCC Level 1 qualification.

The UKCC Level 1 is a qualification for coaching assistants. That means that those completing the

qualification are not trained to run sessions without supervision and support from a more

experienced coach.

You should be aware that the candidate completing his/her experience at your club/centre/facility

**has not completed the LTA Criminal Records checking process**.

In most cases, this means that the candidate has not yet obtained a criminal Records Bureau

(CRB) disclosure.

This does not prevent the candidate from completing his assistant coaching experience with your

organisation.

You should ensure that the relevant supervisors, coaches or officials are aware that CRB

clearance has not been completed, and that supervision and support is provided accordingly.

You need to be happy that you can ensure a safe working arrangement.

If you have any concerns, you should discuss these in the first instance with the course candidate and with the UKCC Level 1 training provider that gave you this letter.

You can also contact the LTA Safeguarding team for advice, using the contact details below.

Thanks for supporting new coaching assistants in British tennis.

**LTA Safeguarding**

E: childprotection@LTA.org.uk

T: 0208 487 7116/7056

W: www.LTA.org.uk/childprotection